








Menomonie High School
SY 2023-2024

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
		 #wichililunch	Mexicali Taco Boat Fiesta Beans Tortilla Chips	Baked Chicken Drumstick Oven Roasted Potatoes Mixed Vegetables WG Dinner Roll	1
Lazy Lasagna Casserole WG Garlic Breadstick Corn	Soft Shell Taco Cilantro Lime Rice Refried Beans	Meatballs w/Gravy Mashed Potatoes Corn WG Dinner Roll	Chicken Alfredo w/WG Pasta Roasted Veggie Blend WG Dinner Roll	No School Today 	2
No School Today 	Chicken Parmesan w/WG Pasta Green Beans	Shrimp Poppers Macaroni & Cheese Mixed Vegetable Valentine Treat WG Garlic Knot	House Made Chicken Enchilada Refried Beans Spanish Rice	Jumbo Cheese Ravioli w/Marinara WG Dinner Roll Warm Vegetable	3
Brunch Lunch Colby Cheese Omelet WG French Toast Oven Roasted Potatoes	Cheesy Chicken Nachos (Fajita Chicken, Tortilla Chips, Cheese Sauce, Sour Cream, Jalapeno, Black Olive) Fiesta Beans	Cheesy Lasagna Roll Ups Green Beans WG Garlic Breadstick	<i>WI Chili Lunch Day</i> Chili* Green Beans Cheesy WG Breadstick	Crispy Chicken Bowl Popcorn Chicken Mashed Potatoes w/Gravy Corn WG Dinner Roll	4
Pizza Hotdish Roasted California Blend WG Garlic Knot	Sloppy Joe* Roasted Fingerling Potatoes Corn	Fiesta Rice Bowl Choice of: Chicken Fajita or Beef Taco Meat Fiesta Beans Tortilla Chips	Baked Potato Bar Choice of: Diced Ham, Pulled Pork, or BBQ Beef, Cheese Roasted Broccoli WG Dinner Roll	March 1 Breaded Baked Chicken Drumsticks Oven Roasted Potatoes WG Dinner Roll	5

-or- Choose one of the Weekly Alternate Entree Choices

Ethnic Bowl: Teriyaki Chicken, Brown Rice, Hot Veggie, WG Dinner Roll The Grill: Chicken Tenders, Hot Veggie, WG Dinner Roll Pizzeria: Cheese Pizza, Hot Veggie Deli Express: Assorted Sub, Flatbreads w/ Baked Chips	Ethnic Bowl: Mandarin Orange Chicken, Brown Rice, Hot Veggie, WG Dinner Roll The Grill: Corn Dogs, Hot Veggie, WG Dinner Roll Pizzeria: Cheese Pizza, Hot Veggie Deli Express: Assorted Sub, Flatbreads w/ Baked Chips	Ethnic Bowl: Sweet & Sour Chicken, Brown Rice, Hot Veggie, WG Dinner Roll The Grill: Cheeseburger on WG Bun, Hot Veggie Pizzeria: Italian Dunkers w/Marinara, Hot Veggie Deli Express: Assorted Sub, Flatbreads w/ Baked Chips	Ethnic Bowl: Honey Garlic Chicken, Brown Rice, Hot Veggie, WG Dinner Roll The Grill: Chicken Filet on WG Bun, Hot Veggie Pizzeria: Quesadilla Pizza, Hot Veggie Deli Express: Assorted Sub, Flatbreads w/ Baked Chips	Ethnic Bowl: General Tso Chicken, Brown Rice, Hot Veggie, WG Dinner Roll The Grill: Fish Fillet on WG Bun, Sweet Potato Wedge Pizzeria: Garlic Cheese, Hot Veggie Deli Express: Assorted Sub, Flatbreads w/ Baked Chips
--	---	---	--	--

Garden Bar Menu- Lettuce is Local, Organic Romaine

Fresh Greens Salad Baby Carrots Assorted Fresh Veggies Fresh Fruit Peaches	Fresh Greens Salad Baby Carrots Assorted Fresh Veggies Fresh Fruit Pineapple	Fresh Greens Salad Baby Carrots Assorted Fresh Veggies Fresh Fruit Applesauce	Fresh Greens Salad Baby Carrots Assorted Fresh Veggies Fresh Fruit Mandarin Oranges	Fresh Greens Salad Baby Carrots Assorted Fresh Veggies Fresh Fruit Assorted Fruit Sauce
--	--	---	---	---





***Made with Local, Grass Fed Beef Menu Subject to Change due to availability**

This Institution is an Equal Opportunity Provider



Menomonie High School
SY 2023-2024

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
			1 WG Breakfast Bread	2 Cheese Omelet w/WG Bagel	1
5 French Toast Sticks	6 Breakfast Sandwich	7 Strawberry Overnight Oats	8 Pancake on a Stick	9 No School Today 	2
12 No School Today 	13 Pancake on a Stick	14 Breakfast Pizza	15 Brekkie	16 Breakfast Burrito	3
19 UBR	20 WG Muffin & Egg Patty	21 Breakfast Sandwich	22 Pancake on a Stick	23 WG Cinnamon Roll	4
26 Mini Pancakes	27 Pancake on a Stick	28 Breakfast Pizza	29 French Toast Sticks	March 1 Breakfast Burrito	5

What Makes a Breakfast?



What Makes a Lunch?



Alternate Choices Available Daily: Assorted Cereal w/String Cheese, PBJ Uncrustable, WG Bagel w/Cream Cheese

Fruit, Juice, and Milk Choice Offered Daily with Each Breakfast

Menu Subject to Change due to Availability

This Institution is an Equal Opportunity Provider